Entree Mongolian Beef 4 oz

Nutrition Fac	ts
1 servings per container Serving size 4 oz	(115g)
Amount per serving Calories 42	20
% Daily Value*	
Total Fat 31g	40%
Saturated Fat 5g	26%
Trans Fat 0g	
Polyunsaturated Fat 3.5g	
Monounsaturated Fat 22g	
Cholesterol 35mg	11%
Sodium 140mg	6%
Total Carbohydrate 23g	8%
Dietary Fiber 0g	1%
Total Sugars 18g	
Includes 0g Added Sugars	0%
Protein 12g	
Vitamin D 0mcg	0%
Calcium 30mg	2%
Iron 1mg	8%
Potassium 200mg	4%
The % Daily Value (DV) tells you how much a nutr a serving of food contributes to a daily diet. 2,000 ca a day is used for general nutrition advice.	

INGREDIENTS: Beef Flank Steak, 75/25 Canola Olive Oil (Water; Soybean Oil*; Soy Lecithin; Potassium Sorbate and Sorbic Acid (Preservative). CONTAINS: SOY. Also contains propellant to dispense spray. *Adds a trivial amount of fat.), Light Brown Sugar (Brown Sugar), Water, Cornstarch (Corn Starch), Green Onion, Peeled Garlic, GF Tamari Soy Sauce (Water; Soybeans; Salt; Alcohol (to preserve freshness). This product contains soy ingredients.), Organic Canola Oil, Ginger.

Contains: Soy Allergen